2013 ARCADIA APACHE XC INVITATIONAL

November 1, 2013

LOCATION Arcadia County Park

DIRECTIONS From the 210, exit Santa Anita, go south. Parking lot is off Santa Anita, just south of

Huntington.

COURSE Three loop hour glass with wide, sweeping turns totaling 5000 meters. Almost entirely

on grass, this course is flat, fast and easy on the legs. This is one of the most spectator friendly courses we race – you'll see the athletes pass seven times and the start line,

mile markers and finish line are all within a few steps.

SCHEDULE Races are contested by school size (large or small), with one race per division.

Glendora is classified as a LARGE school.

1:50 FROSH Boys4:20 VARSITY Girls5:10 JV Girls2:15 FROSH/SOPH Girls4:45 VARSITY Boys5:35 JV Boys

3:05 SOPH Boys

Athletes should report to the red GLENDORA tent at least 90 minutes prior to their race time above and may leave 90 minutes after their race. However, all athletes are **strongly encouraged** to show up/stay and cheer for all teammates in all races.

AWARDS Medals to top 100 finishers in each race. Plaques to top two teams in each race.

ADDL INFO There will be shirts for sale and a full snack bar.

COURSE MAP



LOCATION MAP

