

**10/17/09 Bell Gardens Invite @ Legg Lake – 3 miles, flat
Increasingly warm morning**

	<u>Athlete</u>		<u>Finish</u>	<u>1m</u>	<u>2m</u>	<u>3m</u>	<u>Notes</u>	<u>'08 Dif</u>
1.	Nick Orozco	11	16:40	5:21	5:55	5:24		(- 2:12)
2.	David Reber	10	17:00	5:31	5:55	5:34	9 th Sophs	
3.	Tim McDougall	11	17:10	5:41	5:57	5:32		(- 0:04)
4.	Cameron Bullock	10	17:24	5:35	6:05	5:44		
5.	Paul Salessi	10	17:40	5:41	6:07	5:52		
6.	Jon Carlo Nunez	11	17:39	5:41	6:12	5:46		(- 1:45)
7.	Christian Arranaga	11	17:55	5:48	6:14	5:53		
8.	Chris Vega	10	18:12	5:55	6:22	5:55		(- 0:45)
9.	Garrett Hernandez	9	18:17	5:47	6:29	6:01		
10.	Ryan Kabala	11	18:18	5:55	6:26	5:57		+ 0:37
11.	Bryan Cisneros	10	18:37	6:06	6:25	6:06		
12.	Ross Brunett	10	18:39	6:17	6:28	5:54		
13.	Jon Underwood	11	19:02	6:15	6:39	6:06		+ 0:42
14.	Chris Shaffer	11	19:03	6:16	6:40	6:07		(- 1:07)
15.	Ryan Sanchez	9	19:22	6:25	6:55	6:02		
16.	Eddie Griffin	9	20:13	6:27	6:59	6:47		
17.	Camron Sharp	9	20:24	6:06	7:13	6:55		
18.	Michael Castillo	9	20:41	6:21	7:14	7:06		
19.	Caleb Jasso	9	20:49	6:29	7:15	7:05		
20.	Brian Loh	10	21:03	6:45	7:26	6:52		+ 0:24
21.	Sebastian Lopez	9	21:39	6:51	7:45	7:06		
22.	Keyur Lad	11	22:32	6:56	8:07	7:29		
23.	Andrew Yousef	11	22:37	7:07	8:01	7:29		
24.	Anthony Moreno	9	23:25	7:23	8:32	7:30		
25.	David Lin	11	23:20	6:26	9:17	7:37		
26.	Victor Solorzano	11	23:38	7:18	8:26	7:54		+ 0:55
27.	Alexander Orozco	9	24:00	7:45	8:36	7:39		
28.	Adam Johnson	9	24:22	7:33	8:30	8:19		

Injured/Sick: Aaron Forburger

Did Not Start: Nick Harrington, Tanat Rithaporn

Training: Austin Goodheart, Anthony Castro, Kelly Hernandez, Austin Mendoza, Neill Netzeband, Shin Yamamura