

Glendora XC 2009  
Training Schedule 1.0  
(9/6/09)

Mon	9/7	7:00	Chino Hills
Tues	9/8	3:00	GHS
Weds	9/9	3:15	Williams
Thurs	9/10	3:00	GHS
Fri	9/11	3:00	GHS
Sat	9/12	7:00	<b>Meet: Bronco</b>

Mon	9/14	3:00	GHS
Tues	9/15	5:00	Bonelli
Weds	9/16	3:00	GHS
Thurs	9/17	3:15	Williams
Fri	9/18	3:00	GHS
Sat	9/19	3:00	<b>Meet: Rosemead/SD</b>

Mon	9/21	3:00	GHS
Tues	9/22	4:00	Bonelli
Weds	9/23	3:00	GHS
Thurs	9/24	3:15	Williams
Fri	9/25	3:00	GHS
Sat	9/26	7:00	Legg Lake

Mon	9/28	3:00	GHS
Tues	9/29	4:00	<b>Meet: Sierra #1</b>
Weds	9/30	3:00	GHS
Thurs	10/1	3:15	Williams
Fri	10/2	3:00	GHS
Sat	10/3	7:00	<b>Meet: Brea</b>

Mon	10/5	3:00	GHS
Tues	10/6	4:00	Bonelli
Weds	10/7	3:00	GHS
Thurs	10/8	3:15	Williams
Fri	10/9	3:00	GHS
Sat	10/10	7:00	Legg Lake

Subsequent weeks will be posted later.

The schedule may be adjusted, so the check the website for more recent updates.