

# Glendora Boys XC 2008

## Training Schedule 1.3

(Rev. 11/15)

Mon 8/25	5:00	GHS	Mon 10/6	4:00	Bonelli
Tues 8/26	3:00	GHS		4:00	<i>A Group elsewhere</i>
Weds 8/27	3:00	GHS	Tues 10/7	3:00	GHS
Thurs 8//28	5:00	Bonelli	Weds 10/8	4:00	Bonelli
Fri 8/29	3:00	GHS	Thurs 10/9	3:00	GHS
Sat 8/30	7:00	Legg Lake	Fri 10/10	3:00	GHS
			Sat 10/11	7:00	<b>Meet: Clovis (Select)</b>
Mon 9/1	7:00	Chino Hills SP	Mon 10/13	3:00	GHS
Tues 9/2	3:00	GHS	Tues 10/14	4:00	<b>Meet: Sierra #2</b>
Weds 9/3	3:00	GHS	Weds 10/15	4:00	Bonelli
Thurs 9/4	5:00	Bonelli	Thurs 10/16	3:00	GHS
Fri 9/5	3:00	GHS	Fri 10/17	3:00	GHS
Sat 9/6	7:00	Legg Lake		4:30	<i>A Group elsewhere</i>
Mon 9/8	4:00	<del>La Verne Trails</del>	Sat 10/18	7:00	<b>Meet: Legg Lake</b>
	5:00	<b>Bonelli</b>			<i>A Group Legg Lake</i>
Tues 9/9	3:00	GHS	Mon 10/20	3:00	GHS
Weds 9/10	5:00	Bonelli	Tues 10/21	3:00	GHS
Thurs 9/11	3:00	GHS	Weds 10/22	4:00	GHS
Fri 9/12	3:00	GHS	Thurs 10/23	3:00	GHS
Sat 9/13	7:00	<b>Meet: Don Bosco</b>	Fri 10/24	3:00	GHS
Mon 9/15	5:00	Legg Lake	Sat 10/25	7:00	<b>Meet: Mt.Sac Inv</b>
Tues 9/16	3:00	GHS	Mon 10/27	4:00	Bonelli
Weds 9/17	3:00	GHS	Tues 10/28	3:00	GHS
Thurs 9/18	4:00	Bonelli			<i>A Group Elsewhere</i>
Fri 9/19	3:00	GHS	Weds 10/29	4:00	Bonelli
Sat 9/20	3:00	<b>Meet: Woodbridge</b>	Thurs 10/30	3:00	GHS
Mon 9/22	4:00	Bonelli	Fri 10/31	4:00	GHS
Tues 9/23	3:00	GHS	Sat 11/1	7:00	Legg Lake
Weds 9/24	4:00	Bonelli	Mon 11/3	3:00	GHS
Thurs 9/25	3:00	GHS	Tues 11/4	2:30	<b>Meet: Sierra Finals</b>
Fri 9/26	3:00	GHS			
Sat 9/27	7:00	<b>Meet: Sunny Hills</b>			
Mon 9/29	4:00	<del>Bonelli</del>			
	3:00	<i>GHS</i>			
Tues 9/30	3:00	GHS			
Weds 10/1	3:00	GHS			
Thurs 10/2	4:00	<b>Meet: Sierra #1</b>			
Fri 10/3	3:00	GHS			
Sat 10/4	7:00	Legg Lake			