

10/18/08 Bell Gardens Invite at Legg Lake – Flat 3 miles

(Mild morning weather)

<u>Athlete</u>	<u>Time</u>	<u>1m</u>	<u>2m</u>	<u>3m</u>	<u>Flat 3 M</u>
1. Austin Mendoza	16:39	5:09	5:42	5:49	PR (-0:36)
2. Tim McDougal	17:14	5:24	5:55	5:55	PR (-0:45)
3. Ryan Kabala	17:41	5:24	6:03	6:14	PR (-0:15)
4. Patrick Vincent	18:05	5:42	6:07	6:16	Debut
5. Jon Underwood	18:20	5:48	6:22	6:10	PR (-0:22)
6. Joel Cloud	18:24	5:33	6:16	6:35	PR (-0:30)
7. Brian Arikawa	18:30	5:32	6:20	6:38	PR (-0:51)
8. Nate Seaford	18:38	5:47	6:19	6:32	Debut
9. Nick Orozco	18:52	6:02	6:34	6:16	PR (-0:46)
10. Chris Vega	18:57	6:14	6:27	6:16	PR (-0:35)
11. Jon Carlo Nunez	19:24	6:04	6:41	6:39	PR (-0:56)
12. Nick Harrington	19:50	6:04	6:45	7:01	Debut
13. Johnny Garcia	20:01	6:06	6:57	6:58	PR (-0:45)
14. Chris Shaffer	20:10	6:14	7:08	6:48	PR (-0:02)
15. Omar Arranaga	20:21	5:58	6:54	7:29	Debut
16. Brian Loh	20:39	6:26	7:00	7:13	PR (-1:44)
17. Robert Haburn	20:50	6:14	7:06	7:30	PR (-2:36)
18. Victor Solorzano	22:43	7:03	7:44	7:56	(+0:12)
19. Anthony Pussman	23:53	6:45	8:23	8:45	(+0:16)